

## Setting up a visiting scheme

Elderly people often lead isolated lives, spending days at a time on their own without the benefits of human contact with friend or neighbour.

It is not difficult to change this, but it takes prayer, determination and the creation of a visiting scheme.

Here are 10 steps you can take to set up a scheme that will bring joy and fellowship to the lives of elderly people:

1. Find someone through prayer who has the heart to want to visit older people.
2. Contact diocese office to speak to Older Persons Advisor
3. Attend meeting with Older Persons Advisor and Age UK representative
4. Apply to join Age UK as a volunteer, meet with HR person for DBS check (you will need passport)
5. Attend a half-day training course at Shakespeare Street, Nottingham
6. Introduction to client who needs a visit (you have a honeymoon period for both of you to decide if you get on). Arrange your own times and length of visits
7. Meet your local volunteer organiser, or if you are the organiser, meet the team.
8. Offer the client the opportunity to join in Church activities.
9. As you support your client/volunteer visitors you might need to access training or signposting to meet their needs (speak to either Age UK or the diocese advisor).
10. Keep visiting and supporting fellow visitors and form relationships with each other. ALWAYS offer prayer.

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*February 2014*