

List of Prayer stations

1	Creation	Blue, brown & green fabric & plasticine laminated card
2	Forgiveness 1	Pipecleaners laminated card
3	Forgiveness 2	Paper shredder & 1 extn lead- needs to be near power source laminated card paper & pens
4	Senses Taste	laminated card Bread Grapes Lemons & dishes to put cut lemon in (knife & board for cutting prep) Honey Straws Hand gel
5	Senses smell	laminated card Oil Oil burner, tealight & matches
6	Senses see	laminated card Leaves Soil Bowls of water & red colouring Kitchen roll to wipe hands
7	Prayer wall 1 (Draw round hands & pray for one another)	laminated card Pens (Cloud) paper background
8	Praying for healing	laminated card Cross Plasters Bios
9	Interwoven	laminated card Embroidery threads & scissor to cut into lengths
10	Prayer wall 2 Break through the wall	laminated card Lords Prayer Brick wall design paper (County suppliers) White paper bricks & Pens
11	Fingerprints/our identity	laminated card Ink pads & baby wipes Paper & Pens
12	Glo sticks	laminated card Glo sticks Vase & glo sticks central display
13	Prayer for our area	Map laminated card Sandwich flags & pens Laptop & internet dongle/wifi set up for google earth

Creation is Amazing!

Creation is a wonderful, varied place to be. Celebrate that variety by creating an animal or plant out of Plasticine and adding it to our own Garden of Eden.

“In the beginning, God created....

...and saw that it was good.”

Genesis Chapter 1.

As you create, reflect on the wonder of what God has done.

Take a pipe cleaner, as you hold it think about those times when you have done or said something for which you are sorry.

With each thought make some bends in the pipe cleaner.

Reflect on how impossible it is to bring the pipe cleaner back to how it was when you first picked it up.



Be assured of God's ability, through Jesus to forgive you of all your sins.

Like the pipe cleaner you cannot do it on your own, but all things are possible through him.

Sorry Shredder Prayers

Take a sheet of paper & think about the things you have said or done wrong, or not done that you should have done and then write or draw those things on the paper.

You will not be asked to share your paper with anyone else – this is just a time to remember the things and share them with God!

Remember that God loves you and will forgive you for these things!

When you are finished, quietly take your paper to the shredder and Say sorry to God as the paper is shredded and gone forever!

Thank God that you are Forgiven!!!

Taste and see that the LORD is good- Psalm 38:8

We can experience God in using our entire bodies, and all our senses, here are a few ways in which you can experience God through taste.

“I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.”-

John 15:5

Take a grape, taste it, chew it, eat it, savour it. Think about how it tastes, it's freshness it's juiciness. What would happen to this bunch of grapes if it were left out for a day, 2 days, a week? Being connected to the vine means the fruit is fresh and living; if it is disconnected and left it will rot and die. Prayerfully reflect on this for a moment, thinking about how connected you are to the vine.



Woe to those who call evil good and good evil, put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter.- Isaiah 5:20

Take a piece of lemon and eat it. Focus on its sharp bitter taste. Think about the bitterness your life, things you have done or things that have been done to you that cause pain. Take a straw and dip it in the honey, and taste it.

Notice how the sweet goodness almost instantly cancels out the bitterness. Prayerfully reflect on how the goodness of God can instantly take away all pain and bitterness from your life.



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“I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty”- John 6:35

Break off a piece of bread and eat it. How many times have you eaten bread today? What about this week? Try and work out roughly how many loaves of bread you and your household consume in a month and a year. From the

moment we are able to eat solid food bread is a constant in our lives, something that is always there to sustain us. Reflect on how your relationship with Christ can be like this.



Mark 14:3-5 (The Message)

Jesus was at Bethany, a guest of Simon the Leper. While he was eating dinner, a woman came up carrying a bottle of very expensive perfume. Opening the bottle, she poured it on his head. Some of the guests became furious among themselves. "That's criminal! A sheer waste! This perfume could have been sold for well over a year's wages and handed out to the poor." They swelled up in anger, nearly bursting with indignation over her.

The woman, who may have been Mary Magdalene, is incredibly extravagant in expressing her love for Jesus. Those who witness her worship are indignant; they declare that the perfume she has just ‘wasted’ could have been sold for a year’s wages! In other words - a lot of money. However, it may be that they are not only cross about the financial cost but also feel threatened by the woman’s lack of inhibition.

Do you sometimes feel embarrassed by public acts of love and devotion? Do you sometimes wish that someone would be quieter in their worship?

But Jesus isn’t embarrassed, he doesn’t criticise the woman. He calls her act of worship ‘good’ and says that she will be remembered wherever the Good News is preached.

Is there anything holding you back from giving Jesus all your worship?

Are you too embarrassed to be extravagant?

Ask Jesus to help you. If you want to be more extravagant in your worship and your love of Jesus then, very carefully, add some drops of the perfume to the burner.

"If I just touch his clothes, I will be healed."

Mark 5: 28

Just as the woman in Mark's Gospel experienced Jesus' healing power through touch, so too can we experience more of God through our sense of touch.

Then God said, "Let the land produce vegetation: seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds." And it was so. The land produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And God saw that it was good. (Genesis 1:11-12)



Pick up a leaf, run it through your fingers, feel every line, bump and groove. Reflect on how complicated this small leaf is, and how

impossible it would be for us to make one. Think about how much more complicated you are than a leaf and yet God made you and loves you.

The blood of goats and bulls and the ashes of a heifer sprinkled on those who are ceremonially unclean sanctify them so that they are outwardly clean. How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to cleanse our consciences from that lead to death so that we may the living God! (Hebrews 9:13-14)



*God,
acts
serve*

Rub your hands in the dirt, get nice and dirty. The dirt represents

sin in your life, everything you done wrong, everything you do wrong now and everything you will do wrong in the future. Sin is like dirt that you cannot clean off by yourself. Now wash your hands in the red water, the red water represents the blood of Jesus. It is only through Jesus' sacrifice that we are able to be clean. Pray and reflect on this act of cleansing.

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Prayer for ourselves & each other

Trace around your hand and write your prayer request within the outline.

Read each other's prayers.

Put your hand over someone else's hand drawing as you pray for them.

If you receive a word or picture for that person write around their hand drawing so that they can come back & receive that word or vision.

Plaster Prayers

“He heals the broken hearted and bandages their wounds.”

Psalm 147:3

**Choose a plaster, or a few plasters,
and take a pen.**

**Write the name or draw the people or
situations you know who need to receive
God’s healing touch.**

**Take the plaster and prayerfully stick it onto
the cross asking for God to comfort and heal
those on your plaster.**

**Please remember to put the waste paper in
the available bin!**

Thank you.

**And then he told them,
“Go into all the world and preach the Good
News to everyone.”**

**Spend some time with Jesus. Ask him to show
you who you could be sharing the Good News
with.**

**After a while begin to focus on two people. Pray
for them and ask for opportunities in the next
week to serve them and to share with them
God’s love.**

**Take 3 pieces of thread
and plait them together.**

**See how your life is interwoven with theirs. See
how God’s love is
interwoven in all your lives.**

**Take it with you to remind you to keep praying
for those two people and to look for
opportunities to serve them and to share God’s
love with them.**

Prayer Tag Wall

Stand and look at the wall, read the Lords prayer & think about the words “let your Kingdom come your will be done on earth as in heaven.”

Where and for what would you ask for God's breakthrough, for his Kingdom to come?

Take a moment to reflect on places in the world, people around you, personal circumstances that need breakthrough. Be specific!

Write from your heart these requests on the white bricks, these symbolise holes being punched through the wall by prayer, which bring the light of Christ, the transforming power of God into these situations or places.

Tag (Graffiti style) your name at the bottom of the prayer. Remember the tag is your unique identity, like your signature we need to remember God knows us by name, our deepest thoughts, and hears the prayers from our heart, on our lips, or written from our minds to paper.

“God loves to be troubled by your prayers, and is more likely to be troubled about you if he does not hear them at all”
DL Moody

**Our Father in heaven
Hallowed be your name
Your kingdom come,
your will be done,
on earth as in heaven.
Give us today
our daily bread
Forgive us our sins
As we forgive those
who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever.
Amen.**

Finger Print Prayers

“You are the one who put me together inside my mother’s body, and I praise you because of the wonderful way you created me.”

Psalm 139:13 & 14

Take a piece of paper and press your thumb or finger onto the ink pad and make 3 finger or thumb prints in a vertical line on your paper. Those 3 prints will represent your head and body.

You can now wipe the ink off your fingers with a baby wipe!

Take a pen or pencil and add details such as eyes, mouth, arms, legs....to make a picture of yourself!

As you do this, think about the how God has made everyone individually and differently, and yet loves each of us just the same.

Write a short prayer on the paper thanking God for creating you and loving you.

Glow Stick Prayer

Choose an un-activated glow stick and read the following prayer.

Slowly think about the words & crack the glow stick after each line.

Accepting the light into your life as it becomes brighter with every line and crack.

**Lord Jesus, You are the light
which shines in the darkness.**

You are the light which guides our feet.

**You are the light
which fills us with a warm glow.**

You are the light which illuminates our lives.

You are the light which leads us to safety.

You are the light which will shine forever.

You are the light of the world.

Help me always to live in your light.

Amen.

**The earth belongs to the Lord,
and everything in it- the world &
all its people.**

Psalm 24 vs 1

**Search for an area on Google Earth & pray
for that area.**

OR

**Find an area on the map that you want to
pray for.**

**You may want to pray for someone in a
particular place.**

**You might want to pray for a place of work,
worship, play or learning. It might be a place
of sadness or suffering, anger & pain. Or a
place of community gathering with joy and
laughter.**

**Take a flag & write your prayer on it and
place it on the map as you pray for that
place.**