

Welcome to Nottingham!



Information booklet

Visit [Street Support Nottingham](#) for the latest updates and news.

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Accommodation & homelessness

Framework

If you're at immediate risk of homelessness please call the street outreach team on 0800 066 5356.

If your application for asylum has been approved contact Framework for next steps on accessing housing.

Tel: 0115 841 7711

Emmanuel House

COVID-secure individual shelter available. Individuals are placed on a wait-list and allocated according to need. Emmanuel house will work to refer you to alternative more long-term accommodation.

Drop-in for basic services such as shower and clean clothing. Sleeping bags and bedding also available. Mondays, Tuesday, Thursdays and Fridays, 9:30am to 11:45am.

Tel: 0115 950 7140

Nottingham Arimathea Trust

Provide housing and support. They also provide access to legal representation so that you can submit a fresh claim asylum and, from there, access Asylum Support housing or long term independent accommodation. They can also refer you to **Sharewear** (Page 8).

Email: info@nottinghamarimathea.org.uk

Tel: 0115 924 9920

HOST Nottingham

Provide temporary accommodation for newly recognised refugees and homeless asylum seekers.

Email: hostnottingham@gmail.com

Tel: 0796 374 0175

Tuntum – Karibu House

Application-based accommodation for refugees who have access to public benefits. Provides housing and keyworkers to help you transition to long-term housing. 9am to 5pm, Monday to Friday.

Tel: 0115 911 0770

Appointments – we can help you

Refugee Roots

New to Nottingham? Got to be somewhere and don't know how to get there? If you need to visit a doctor, attend an appointment, or want to get to know the city of Nottingham better, we can help you. Our volunteers can accompany you to appointments giving you the confidence and reassurance you need.

Email: adam@refugeeroots.org.uk

Tel: 0746 209 2732

HOST “Side-by-Side” Nottingham

HOST volunteers can accompany you to attend appointments, access services, to find your way to local shops or just to find out more about your local area.

Email: hostnottingham@gmail.com

Tel: 0796 374 0175

SFiCE

Free telephone listening service, support for emotional and mental wellbeing, assist with referrals.

Tel: 0115 718 0591

Asylum information

Nottingham Refugee Forum

The General Advice service provides advice, information and assistance on a wide range of issues. These include; destitution, housing, debt, welfare benefits, health, legal and asylum support. Monday, Tuesday, Wednesday and Thursday. You need to arrive 8:30am – 9:00am to take a ticket and make an appointment.

Email: info@nottsrefugeeforum.org.uk

Tel: 0115 960 1230

Citizens Advice

Can give advice on matters relating to immigration, debt, housing and rights. Monday, Tuesday, Thursday and Friday 10am to 2pm and Wednesday 1pm to 4pm.

Tel: 0300 330 5457

Refugee Roots

Find out more about the asylum process in the UK through weekly briefings with a volunteer.

Email: adam@refugeeroots.org.uk

Tel: 0746 209 2732

Baby supplies

Baby Basics Bank, Grace Church Nottingham

If you have a child between 0-2 years or are expecting a baby in the next month or so, you can receive a referral for some baby supplies, such as nappies, wipes, toiletries etc.

Email: foodbank@gracechurchnottingham.org

The Arches

If you are in need of a cot or other equipment for a baby, you can contact The Arches.

Email: referrals@thearchesnottingham.org

Churches

St Nic's

A city-centre Anglican Church. St Nic's offer Welcome Boxes to refugees.

Email: office@stnics.org

Tel: 0115 952 4600

St Stephens with St Pauls Hyson Green

Based in Hyson Green, St Stephens welcomes people from all corners of the globe and offers Bible studies in Farsi and Urdu

Email: ststephenshysongreen@gmail.com

Tel: 07368 867070

Bobbersmill Road, Hyson Green, NG7 5GZ

Reach Nottingham

Based near West Bridgford and the Meadows. Reach offer Welcome Boxes to refugees.

Email: nottingham@reachonline.org

Clothing

Sharewear

A referral-based charity which gives clothing or bedding to those in need. The **Armathea Trust**, **Citizens Advice** or **Nottingham Refugee Forum** can refer you here.

The Friary

Provides a drop-in service for those in need. Just arrive and someone will greet you at the door, you cannot currently enter the building due to COVID restrictions. They offer free food to takeaway, clothing, sanitary products and they also charge mobiles phones. They offer a starter-pack for those entering new accommodation with items such as bedding. The Friary is open 9am to 1pm. Monday, Wednesday and Friday.

Email: admin@the-friary.org.uk

Tel: 0115 982 5448

HOST (housed within the Refugee Forum)

Clothing, shoes and luggage may be delivered to where you are staying via a referral.

Email: jane.henson@email.com

English language classes

Cornerstone

English Classes running on Wednesday mornings. For all levels and ages. Currently online using Zoom.

Email: learnenglish@cornerstonechurch.org.uk

Tel: 07724 657364

St Nics

Free online English classes using Zoom, please contact organisers for more information.

Running every Monday (term time).

Email: english@stnics.org

Tel: 0775 691 9361

Refugee Roots

Telephone English lessons and online English classes

Join an English class today with a volunteer on the phone or a virtual group online.

Wednesdays 10.30am and 4pm.

Email: ashley@refugeeroots.org.uk

Tel: 0793 693 5861

Online ESOL Class

Online English classes. Running every Tuesday morning.

Email: hannah@sfice.org

Food

Nottingham City Council – Golden Number

There is now one number to ring to receive a referral to one of many food banks in Nottingham who may be able to deliver food directly to you.

Tel: 0115 915 5555

Refugee Roots

You can also call Refugee Roots to make a referral to a food bank for you.

Email: adam@refugeeroots.org.uk

Tel: 07462092732

Nottingham Refugee Forum: Anti Destitution service

Provides essential groceries and small cash allowances to failed asylum seekers. They can also refer you to

Sharewear for clothing (Page 9).

Email: info@nottsrefugeeforum.org.uk

Tel: 0115 960 1230

The Friary

If you're sleeping rough or homeless in Nottingham then on Tuesdays and Thursdays you can visit for a free hot take-away breakfast. 8am – 11am.

Email: admin@the-friary.org.uk

Tel: 0115 982 5448

SFiCE

You can collect free hot meals and food parcels on Tuesday and Thursday evenings, 3.30-5.00pm from Hill View Community Centre, Ransom Road, NG3 3LJ. You must book in advance by **TEXT MESSAGE via 07307 892 936** and tell us how many meals you need per household (specifying children and adult meals) and if you are vegetarian or have food intolerances. We will text you on a Monday and Wednesday to check if you need meals this week. You must reply by 1pm Tuesday for a Tuesday evening, and 1pm Thursday for Thursday evening. There are also nappies and toiletries available on request.

Social Café tel: 07307 892 936

Healthcare

Nottingham Homeless Health Team

Care and advice provided by nurses for homeless people. Midwife and health visitor for homeless families.

They can help you to access other services. Serves Gedling, Rushcliffe, Nottingham, and Broxtowe and Hucknall Primary Care Trust areas.

Open 8:30am – 5pm, Monday to Friday.

Tel: 0115 824 2313

Emmanuel House

Homeless health team. Mondays at Emmanuel house.

Female Nurse available for women's health. Walk-in service.

Tel: 0115 950 7140

The Friary

On Wednesday there is a female nurse and they can provide access to a male doctor.

The Friary is open Monday, Wednesday and Friday, 9am to 1pm.

Email: admin@the-friary.org.uk

Tel: 0115 982 5448

Home furniture – setting up a home

The Arches

Your support worker, or another professional, can refer you to the arches. The arches can provide furniture and appliances for your new home.

Email: referrals@thearchesnottingham.org

The Friary

They offer a starter-pack for those entering new accommodation with items such as bedding.

The Friary is open 9am to 1pm, Monday, Wednesday and Friday.

Email: admin@the-friary.org.uk

Tel: 0115 982 5448

Nottingham Furniture Project

Can provide furniture and appliances for a small donation. Referral is through **Citizens advice** (page 6) or foodbanks (page 11).

Tel: 0162 383 6410

Meeting new friends

Welcome Boxes

Receive a Welcome Box of gifts from a local church and make new friends in Nottingham.

We would like to:

- Give you a 'Welcome Box' of gifts
- Visit you in your home
- Show you around the local area
- Introduce you to other people

To refer yourself:

Web: www.welcomeboxes.org

Tel: 01332 498041

Nottingham Refugee Forum: Children and Families Project

Aimed at building connections between refugee children, young people and families. Regular play sessions for under 5s, and trips out for families. Call Monday, Tuesday, Wednesday or Thursday 10 am to 3pm.

Email: info@nottsrefugeeforum.org.uk

Tel: 07506009595

Refugee Roots

Runs a Virtual Cooking Group, Women's Group, Art Sessions and English Classes. They also are happy to be-friend you and support you either one-off or long-term.

Email: info@refugeeroots.org.uk

Tel: 0783 1203 577 or 0746 2092 732

Phone – getting a mobile phone / internet

Nottingham Refugee Forum:

Anti Destitution service

Outside of COVID the Nottingham Refugee Forum usually offers a space with computers where you can access the internet.

Email: info@nottsrefugeeforum.org.uk

Tel: 0115 960 1230