

**“WALK WITH ME AND
WORK WITH ME—WATCH
HOW I DO IT. LEARN
THE UNFORCED
RHYTHMS OF GRACE.
KEEP COMPANY WITH
ME AND YOU’LL LEARN
TO LIVE FREELY AND
LIGHTLY.” MATTHEW
11:29**

The Apprentice Track is an invitation for emerging leaders to take the next step in their discipleship. To take seriously Jesus' invitation to 'follow me' means to not only discuss things, but to give them a go! (prayer, reading scripture, sabbath, justice and hospitality to name a few - all in the context of supportive and loving community)

We believe that as we create space to be present with Him, with one another, and with ourselves, we will be transformed into his likeness.

What am I signing up to?

To be on the Apprentice Track means committing to a monthly gathering for worship and teaching, meeting in small groups throughout the year, and adopting a daily rhythm of reading scripture and prayer.

This is for anyone aged 18-30; whether you are a student, working, or not sure what's next - this is for you!

DAILY

We want to learn to spend every day in the presence of God. This is why we are committing to three anchor points of connection with Him throughout our day. Before we turn on our phones, we are going to spend half an hour with God - sitting with Jesus, reading through the Bible in a year, and praying through the Psalms. We'll stop at midday to pray through the Lord's Prayer, and in the evening we'll look over the day as we pray the prayer of examen.

WEEKLY

We were created to live in community. 2 weeks out of 4 we will have a meal in our formation group where we'll discuss how the rule of life is going, and break down in to smaller groups to share more deeply.

We will also commit to the practice of Sabbath, taking a full uninterrupted 24 hours period every week to stop, delight and worship.

MONTHLY

One Saturday every month we will create an extended amount of time with the purpose of being in God's presence together and receiving in depth teaching on the way of Jesus.

We will teach into the heart behind the spiritual disciplines, and will spend time discussing topics such as identity, calling and relationships.

ANNUALLY

Throughout the year we will create opportunities to dig even deeper into the conversation of apprenticing ourselves to Jesus.

We will have two retreats within the programme, including a weekend away in the new year.

